

## **SOLE BAY INN**

LIGHT BITES & STARTERS	Waal	Duine
Soup of the day with granary bread (GFA)	Kcal 430	Price £7.95
Crispy whitebait with lemon and black pepper mayonnaise	369	£8.50
Prawn cocktail with gem lettuce and granary bread	459	£8.95
Duck liver pâté, sourdough crostini's and red onion marmalade	524	£8.95
Buffalo-style cauliflower wings with ranch dressing and pickled slaw (VE) (GFA)	414	£8.50
Filo and Twine sourdough bread with balsamic butter	407	£6.50
Binham Blue cheese, walnuts, butternut squash salad with balsamic glaze	450	£8.50
MAINS		
Adnams beer battered catch of the day with chips, tartar sauce, and garden peas OR minted mushy peas (add Katsu curry sauce for 50p) (GFA) (DF) 50p from every fish and chips purchased is donated to support the charitable works of the Adnams Community Trust	1150	£18.50
Scampi with chunky chips, tartar sauce and garden peas OR minted mushy peas	1026	£17.50
Malaysian vegetable curry served with rice, poppadom's and mango chutney OR	450	£15.50
Malaysian prawn and cod curry served with rice, poppadom's and mango chutney	750	£18.50
Buttermilk chicken burger, blue cheese, hash browns, Buffalo mayonnaise, blue cheese and onion crumb, jalapenos served with chicken salt fries	1300	£17.50
Rump steak burger topped with Monterey Jack and American style cheese, burger sauce, Adnams IPA onions, gem and pickles served in a Filo and Twine brioche bun with crispy onion and Parmesan topped fries (add another 4oz burger for £3.50) (GFA)	1550	£16.95
Adnams Broadside macaroni cheese, topped with Baron Bigod cheese, served with toasted Filo and Twine sourdough bread	912	£15.50
Vegan burger served in a vegan brioche bun with pickled slaw, sweet chilli vegan mayo	724	£14.95

Food times: Monday-Saturday 12pm-2.30pm and 6pm-8.30pm & Sunday 12pm-4pm

sauce and gherkins served with fries (VE)

Our menus are carefully sourced, responsibly produced and sustainably delivered. For allergy information, please speak to a member of our team.



## **SOLE BAY INN**

SANDWICHES (lunch only) All of our sandwiches are served on granary bread, gluten free options available		
Battered fish goujons with tartare, gherkins and gem lettuce	547	£9.95
Ham and coleslaw	413	£9.50
Chedder and red onion marmalade	490	£9.50
CHILDREN'S MENU		
Fish and chips with baked beans or peas (DF)	527	£9.50
Cheeseburger and fries with beans or peas	465	£9.50
Scampi and chips with beans or peas (DF)	541	£9.50
Macaroni and cheese (V)	489	£8.50
SIDES/SMALL PORTIONS 3 FOR £14		
Whitebait	184	£6.00
Mozzarella sticks (V)	456	£6.00
Cauliflower bites (DF, VE, GFA)	283	£6.00
Cauliflower bites (DF, VE, GFA)  Beer battered onion rings (V)	283 427	£6.00
Beer battered onion rings (V)	427	£6.00
Beer battered onion rings (V)  Mac & cheese fritters (V)	427 418	£6.00 £6.00

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(VE) = vegan (V) = vegetarian (GFA) = gluten free available (DF) = dairy free (PB) = plant based